



## EXECUTIVE SECURITY PROTECTION COURSE

This course trains and qualifies the participants to serve as VIP security officers. It focuses on preparing the trainees to prevent incidents from occurring and in the event that one does occur, to minimize potential damage, as well as functioning effectively under conditions of danger.

### Course Subjects:

#### 1. Introduction to VIP Security

- 1.1 Principle of VIP security
- 1.2 Psychology of assailant / attacker
- 1.3 Analysis of past events: assassinations, kidnappings and attacks
- 1.4 Methods for VIP escort and protection

#### 2. Fighting

Training in fighting includes Krav Maga (hand-to-hand combat) and the proper use of firearms and other objects used as weapons.

##### 2.1 Krav Maga:

Instruction in Krav Maga includes:

- 2.1.1 Basics
- 2.1.2 Attacks with knees, legs and elbows
- 2.1.3 Open and closed defenses
- 2.1.4 Development of aggressiveness; passing through crowds; strengthening the ability to absorb blows
- 2.1.5 Hand defenses against knife and handgun attack and against strangulation attempt.

##### 2.2 Use of Firearms:

Instruction in the use of firearms:

- 2.2.1 Technical aspects of operating the weapon; disassembly the assembly; loading and unloading, safety, overcoming stoppages.
- 2.2.2 Fundamentals of proper shooting in security by three methods:
  - 2.2.2.1 Fast, aimed shooting
  - 2.2.2.2 Fast shooting aimed through sights; sniping
  - 2.2.2.3 Firing the handgun using one hand only, including cocking the weapon.
- 2.2.3 Handgun fighting tactics: shooting from vehicle, shooting from moving vehicle, tactical shooting at moving / jumping targets.
- 2.2.4 Fighting as a lone Security Officer and as a team.
- 2.2.5 Individual and group exercises.
- 2.2.6 Structured exercises: announced and surprise.
- 2.2.7 Night time and day time shooting.
- 2.2.8 Combining fighting tactics with practical exercises.
- 2.2.9 Final fighting exercises, including all elements learned.



### **2.3 Behavior Under Pressure**

Presentation of models for behavior under pressure and how to deal effectively with various threats situations. Includes theory, exercises and simulations.

### **2.4 Physical Fitness**

Each training day opens with physical training, including warm-up exercises, power exercises, long and medium distance runs, anaerobic exertion and sudden exertion.

Some of the physical fitness is achieved during the Krav Maga exercises and firearms practice included in the course program.

### **2.5 Prevention of Incidents**

Special emphasis is placed on the prevention of incidents. This area covers the following sub-topics:

- 2.5.1 Planning Security for Events / Installations / Facilities
- 2.5.2 Detection of Suspicious Persons
- 2.5.3 Search for (and dealing with) Explosive Devices
- 2.5.4 Detection of Suspicious Objects
- 2.5.5 Command and Control during an Incident
- 2.5.6 Behavior during a Fire
- 2.5.7 Evacuation and Escape
- 2.5.8 Body Language for Suspicious Signs
- 2.5.9 Stationary, Security, On-Foot Security while Walking
- 2.5.10 Motorized Security

### **2.6 Escort During Air Travel, Hotel Stay, Special Events**

This covers the tactics of escorting the VIP when arriving at the airport, leaving the airport and during his hotel stay and public events.

### **2.7 Exercises and Simulation**

Throughout this course, situational exercises based on past incidents of assassinations and kidnapping are included.

The participants are required to make decisions and take the correct actions in situations simulating routine work with the VIP.

Paintball is used to simulate real events and situations.

### **2.8 Video Feedback**

The course makes continual use of video feedback; all exercises are videotaped, and each evening the class views the tapes, analyses the exercises and discusses how to correct mistakes and implements the lessons learned.